lifts for Mother's Kitchen and Pantry

BRE are a few contrivances for will be appreciated by mother if made the Weman's Home Companion. This y her handy boy. Nothing better could | was easily planted in a flowerpot and selected for her Christmas gift.

angth of the book strip will be deter a further outlay for the small colored sined by the space in which it is to



spoons and other tools which it will be required to hold.

The appearance of the rack will be improved by planing a bevel on the face edges of the book strip and the and blocks, as in the illustration. Use brass screws or galvanized nails for hooks, and screw a screweye into the top edge of each end block to hang

The bottle rack in Fig. 2 will hold your mother's bottles of extract, catchup, sauces and dressings, and eliminate the possibility of upsetting bot-

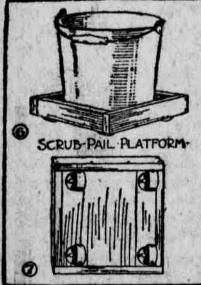
ties when reaching for the one wanted. Narrow strips should be used for the division strips of the rack, to save space and make the rack light in weight. Laths planed smooth on all sides will do for the side and center



strips, also for the cross strips. The ends must be about three faches

The swinging shelf shown in Fig. an excellent provision for the sugar and salt crocks, as it makes it possible to swing these out from between the pantry shelves then back into place after using, without lifting them. *

Fig. 5 shows how the swinging bracket is made of a strip two inches wide and ten inches long (A), with a block two inches wide and six inches long nafled to each side of it at one end (B), and how to the top of this bracket a cake tin is screwed or nailed



on which to set the crock. Hinge the end of the bracket strip A to one end of the shelf supports, or else set in an upright piece between two shelves to screw the hinge to. Use a medium-sized T hinge for this bracket.

In the same way that the swinging pelf eliminates the lifting of the war crock, the platform shown in Fig. 6 saves the lifting of the scrub pall from place to place while scrubbing, as it is provided with castors so it may be pushed about.

Fig. 7 shows how the castors are screwed to the platform, and how strips are nailed to the edges, forming a rim that prevents the pail from

sliding off. Either paint or shellac each article fter assembling it, and if you have one your work carefully, mother will have something to be proud of.

(Copyright, by A. Neely Hall.)

A TIMY CHAISTMAS TREE.

One Mother Made Hor Little Girl Very

Happy With Miniature Plant A they fir tree, not over two and a half feet high, and of symmetrical shape, was obosen for my little girl's the kitchen and pantry which doil's Chaletmas tree, says a writer in conditioned upon a large table in the The tool rack shows in Fig. 1 in living room. Tiny caudies were fastenout convenient when hung directly of upon the branches, a ten cent bunches the kitchen worktable. The fine emements added to the gorgeous

on a ministure scale while duplicating for the beloved doll children the gifts that usually fall to the small mother. So It was that tiny dolls were dressed; tiny fancy boxes were filled with tiny candies, others contained wee handker-chiefs embroidered with smallest of nitials; here hung a hand mirror, there a nursing bottle, tiny fans, a lovely set of cups for the tea table, a small bird in a gilt cage, a new pet kitty, and so Ten cent stores yielded most of on. the treasures.

On the morning of Christmas my eight-year-old was shown her old dollies, each radiantly dressed, and was told that their tree was ready below stairs. The joy and delight at the sight were charming to behold and the blissful apportionment of gifts began. As each arriving playmate rolled in her new dolly "to show what I've got," envy and pride reflected upon the faces of the visitor and visited, only to be dispelled by "there is something on the tree for your dolly."

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The First Christmas Tree. St. Winfred, who was in the eighth

century a missionary to the Scandinavians, is said to have set up the first Christmas tree in the home. He tried to show the people that the Druid priests had made them worshipers of trees only and not of a living God, and on Christmas eve he cut down the great oak tree around which they had gathered to offer a human sacrifice. As it fell a young fir tree seemed to appear miraculously beyond it, and Winfred said to the people: "Here is a living tree with no stain of blood upon it that shall be the sign of your new worship. See how it points to the sky. Call it the tree of the Christ Child. Take it up and carry it to the chieftain's ball. You shall go no more into the shadow of the forest to keep your feasts with secret rites. You shall keep them at home, with laughter and song and rites of love. The thunder oak has fallen, and I think the day is coming when there shall not be a home where the children are not gathered around a green fir tree to rejoice in the birth of Christ."

Christmastide is a time of cold, Of weather bleak and of winds ablow. Never a flower, fold on fold Of grace and beauty, tops the snow Or breaks the bleak and bitter mold

And yet 'tis warm, for the chill and gloon Glow in love and with childhood's glee; And yet 'tis sweet with the rich perfume Of sacrifice and charity. There are flowers more fair to see

Christmastidel It is warm and sweet, A whole world's heart at a baby's for

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Two Yuletide Sentiments

Your kindness to a poor old lonely widow, or to a child without any one left to love him, your posy of flowers taken with your love to some one who is ill, your letter of kindly thought to parents who have just lost their darling daughter, your words of cheerful greeting to a tired serving maid, your bonest hearted attempt to make things ensier for mother at home-Christ said be would reckon these as gifts to himself.—Rev. Bernard J. Snell

Christmas again, with its peace and good will and wonder! How our friends multiply and increase in value as the day of days draws near! How the touch of human hands thrills us and the look in human eyes! To our surprise we are not ashamed to be good, to be kind, to be loving. For this little space out of the long, seifish year we are glad to be ourselves. We give freely of our love: we offer our labor without price. and we speak kindly words that are rarer far than rubles. Ouce more we take courage and let our hearts have their way, and life laughs and is glad. When Christmas comes the world suddenly grows better, sin less lovely and heaven nearer-and all because a littie Boy was born in Bethlebem. Perhaps-who knowswe might carry with us throughout the year the joy of this Christmas living.-Edwin

Ongood Grover.

MERRY CHRISTMAS FOR THE "LITTLE FRIENDS"

HH Norwegian custom of preparing a Christmas dinner for the birds by tying to the top of s pole in the dooryard a large full sheaf of grain is now being followed in many piaces in America, with variations.

instead of the sheaf a little tree is dressed with bits of snet and bread. This is set on a broad sheif outside the window. buriap foundation about it being liberally sprinkled with bird d chaff and hay seed. This pretty custom is supplemented a New York by the children of a kindergarten near Central park, who arrange a most boun-tiful Christmas dinner for the little gray squirrels of that neighborhood. The affair is so pretty that it bears passing on. On the afternoon when school closes for the Christmas vacation the children form in procession and each carries a little basket of nuts, crackers and sugar biscuit, winding their way over the white asphalt into the grove where the feast is to be spread.

No detail is omitted. Even appropriate menus are supplied. and no Orlando ever pinned verses to his Rosalind upon oaks and eims with more enthusiasm than the little people who feel their responsibility for providing a merry Christmas for their soutrrel friends.

All about the bases of the trees is spread a generous quantity of nuts of every sort and kind, and no hostess giving a dinner to honored guests could take greater pains to see that everything is daintily and conveniently arranged for their

When the little people trip away it is with the conscious ness that Mr. Gray Squirrel and all his kin are in possession of a store of goodles quite sufficient to carry them well through the holiday vacation.

And Keep Your Christmas Green

Bring in the trailing forest moss, Bring cedar, fir and pine, And green festoon and wreath and cross Around the windows twine.

Against the whiteness of the wall Be living verdure seen, Sweet summer memories to recall And keep your Christmas green.

It is his dear memorial day Who broke earth's frozen sleep And who for her hope's gladdening ray Forever bright will keep.

He gives all loveliness that grows, The strong and graceful trees, The winter moss, the fresh June The dear Lord saves us these.

Who saves us from the piteous wreek Of souls adrift in sin. So not alone the shurches deck But peaceful homes within-

Made peaceful by his constant love, Let thoughts of him abide. To find us our lost home above He homeless lived and died.

We keep the bright home festival And, with a shildlike cheer, His angel ushered birthday call The merriest of the year.

Yee, merry Christmas let it be A day to love and give, ince every soul's best gift is be

Who came that we might live. And all things beautiful are ble And his he maketh ours, So bring each bud that bursting le

All Christmas blooming flowers, With leaves to light unfurled, In memory of that Flower Divine Whose fragrance fills the world.

That good to others mean, Bring cross and garland from the snow And keep your Christmas green. -Lucy Larcom.

Saving For Christmas. Any plan that induces almost haif the population of a city of 16,000 people to save in small amounts \$175,000 a year is worthy of study. The Oil City Trust company of Oil City, Pa., has a Christmas Saving club, which has grown greatly in recent years. The object in starting the club was to enable people of limited means to set aside small amounts each week to be paid to them, with interest, two weeks before Christmas. Members may begin by paying a cent a week, increasing the amount by a cent each week until the fifty are up. This amounts to \$12.75 per year. A second class calls for a two cent saving the first week, adding the initial amount each succeeding week. This makes a total saving

Pay Their Doctor at Christmas. As regards presents at Christmas. the rule is, in primitive Spain, to send a present to the cura (parish priest) and the doctor. Many Spaniards pay a fixed annual sum to their medical man, and be attends all the family, including servants. His salary is sent to him at Christmas, with the addition of a turkey, a cake or some fine sweet-

of \$25.50 for the year.-Leslie's.

THIS MAN GAINS SANTA CLAUS? SURELY!

How Could Any One Doubt His Existence Who Knews the Facts? Many years age the New York Sun ablished the following editorial in auswer to this question. It was written by Frank P. Church and has become one of the classics of modern Christmas litera-

We take pleasure in answering at ence, and thus prominently, the comthe friends of the Sun:

Dear Editor-I am eight years old. Som of my little friends my there is no Santa Claus. Papa says, "If you see it in the Sun it's so." Please tell me the truth to there a Santa Claus? VIRGINIA O'BANLON.

25 West Ninety-fifth Street. Virginia, your little friends are wrong. They have been affected by do not believe except they see. They think that nothing can be which is not comprehensible by their 1fttle minds. pared with the boundless world about him, as measured by the intelligence capable of grasping the whole of truth

and knowledge. Yes, Virginia, there is a Santa Claus. your life its highest beauty and joy. harm than good. Alasi 'How dreary would be the world if there were no Santa Claus! It would be as dreary as if there were no Virmake tolerable this existence. We it a trial anyway. should have no enjoyment except in sense and sight. The eternal light with which childhood fills the world would be extinguished.

Not believe in Santa Claus? You might as well not believe in fairles! You might get your papa to tire men to watch in all the chimneys on Christmas eve to catch Santa Claus, but even if they did not see Santa Claus coming down what would that prove? Nobody sees Santa Claus, but that is no sign that there is no Santa Claus. The most real things in the world are those that lawn? Of course not, but that's no proof that they are not there. Nobody can conceive or imagine all the wonders that are unseen and unseeable

but there is a veil covering the unseen world which not the strongest man or even the united strength of all the love, romance, can push aside that cur- ed like I was." tain and view and picture the supernal beauty and glory beyond. Is it all real? Ah, Virginia, in all this world there is nothing else real and abiding.

No Santa Claus! Thank God! He lives, and he lives forever. A thousand will continue to make glad the heart of

Appropriate Christmas Favore. No matter what the weather may be.

the Christmas favors should carry out the idea of snow and cold weather. One of the daintiest favors for the Christmas dinner table is the snowball made of glistening white and surmounted by a sprig of holly. When these are augmented by the huge ball for the center, which is also made of paper and has a rich red ribbon draped across it and is trimmed with holly. the whole Christmas atmosphere is complete. Another appropriate place ment is the funny snow man with his black stovepipe hat and beady eyes. He, too, can be made in a large size and used for the center piece. Then there are green baskets with holly perched jauntily on the handle, poinsettias and Santa Clauses. There is no lack of ingenuity in gay holiday

Christmas as It Should Be

When Christmas is made an occasion for sending expensive presents of all sorts and to all sorts of people simply as a compliance with the fashion of the hour, the most beautiful of festivals is made cheap and tawdry by gross misuse. The value of the present lies in the sincerity of the feeling which it repre-sents, says Hamilton Wright Mable, and the expression, not only of regard, but also of respect for the recipient. When persons of moderate means make gifts entirely out of relation to their incomes and their usual way of living there is no real hopor either in the sending or in the acceptance of the remem brance. The day which commemorates the birth of mittle child in a manger ought to be kept boly by simplicity. sincerity, absence of pretension and the joy of the beart.

TWENTY-TWO LBS.

HENNY ORLAND NOW BELIEVES IN TANLAC AND WANTS EV-ERYONE TO KNOW IT

"Yes sir. I have taken two bottles of Tanlac and have actually gained 22% pounds in about three weeks' munication below, expressing at the time," said Henry Oland, who lives same time our great gratification that at 824 South Twenty-second street. its faithful author is numbered among Birmingham, Ala., a few days ago in telling about his remarkable restoration to health.

"I only weighed 181 pounds when began taking Tanlac. Now I weigh 203% pounds. I just told Mr. Patton at the Patton-Pope Drug Co., that if I kept on taking this medicine I would have to get myself some larger clothes the skepticism of a skeptical age. They as I can hardly get into my old ones

now, I have fleshened up so. "I began taking Tanlac because All minds, Virginia, whether they be had suffered for years with indigesmen's or children's, are little. In this tion. Occasionally I had spells of great universe of ours man is a mere acute indigestion, which were mighty insect, an ant, in his intellect as com- rough on me. My weight went way down and I lost a lot of my strength. I frequently became nauseated and was worried a good bit with painful headaches. Twould tire easily and He exists as certainly as love and gen- often felt a shortness of breath. I erosity and devotion exist, and you couldn't eat or sleep to amount to know that they abound and give to anything, and the little I ate did more

"To tell you the truth, I never wos much of a believer in patent medifaith then, no poetry, no romance to good about Tanlac I decided to give

> "I have taken two bottles and the change the medicine has brought about is nothing short of marvelous. Just as soon as I started taking it my on Sparta, Route 1. appetite began to pick up, and now I eat like a farmer after a hard day's mountain working at Joe Scott's saw work, and I tell you I enjoy what I mill. eat, and nothing I eat disgarees with me. Everything tastes good. I sleep fine. I am much stronger and am and had a fine time.

full of life and energy now. "I want everybody to know I beneither children nor men can see. Did lieve in Tanlac. I have just written you ever see fairies dancing on the my son in Montgomery to have his an, and needs something to build her also visited there. up, and I believe this Tanlac will do the work, and that very quickly. I and see what makes the noise inside, my friends about this wonderful medicine. There are numbers and numstrongest men that ever lived could who need Tanlac, and I hope they ing. tear apart. Only faith, fancy, poetry, will all give it a trial and be convinc-

> TANLAC is sold in Cookeville exclusively by Wyly Drug Co.

SOLDIER BOY

years from now, Virginia, nay, ten delay. If the editor will allow me a Mrs. Fannie Kittrell. little space I will jot down a few items from Ft. Williams. We are hav- woman-kind and affectionate; a gening some nice weather at present. tle, tender and loving mother; and a Thanksgiving is all over. We had a devout christian-member of the M. splendid time and a fine turkey din- E.Church, South, where she will be ner, and a big foot ball game; but we missed both in church and Sunday got beat seven to three. That was school. She was ever ready to speak our last game for this season.

Tennessee to spend Christmas, but to rest in the Algood cemetery. guess I can't come this year, so 1 Our hearts go out in deepest symmy friends and loved ones.

letters.

Well, I am looking for a shower of cards and I will write to the Herald the name of the one who gets the bracelet. It will be a nice gold one And the one who sends me the nicest card will get a present. That's all, good bye.

Walter Hayse. 155 Co. C. A.C., Ft. Williams, Maine.

HOPEWELL

Our school was out yesterday. Miss Melva Wirt visited the writer Thursday night and visited the school Fr'day. We are gla to have her with us. Hobart Farris returned to old Hopewell on a visit for a month. Come on with your letters Wander-

ing Jew. Let us hear from you again. I saw Solon Russell going out to

Mr. Elijah Carr's today. Mrs. W. E. Jared, who has been

very sick, is some better. Christmas is near and I am glad of Maud Farris. that.

DRY VALLEY

Lagrippe and coughs seem to be all the go for the past few weeks.

Mrs. Hairm Brown who has been sick for some time is slowly improv-

Flossie Phifer visited Hattie Randolph Wednesday and Thursday

nights. School closed Thursday ot Brown's Mill, with an entertainment. A large crowd attended and all reported a nice time.

Maud Walker visited home-folks Friday.

Martha McCormick of Algood, spent last Saturday with Mary Hunter.

There was a singing at George Mansel's Thursday night. All that were present had an enjoyable time. Larence Bartlett was the guest of

Hattie Randolph Thursday. Sallie Hunter spent Tuesday with Hattie Randolph.

Fannie Bartlett visited at Mrs.

Hairm Brown's Friday afternoon. Mary Hunter spent Wednesday and Thursday night with her sister, Mrs.

Maud Walker. Miss Edna Hill who is attending school at Cookeville spent Saturday

and Sunday with home folks. Fred Huddleston of Nashville ta spending the week in Dry Valley.

Deliah Randolph spent Friday with

Snow Birds.

COOKEVILLE. ROUTE 2

Georgia Eldridge.

Health is very good at present, exginias. There would be no childlike cines, but I was hearing so much cept J. R. Massa, who has a slight at-

Plowing and preparing for another crop seems to be the order of the day. Dora Campbell has been spending the last two weeks with Sam Scott,

They are very busy on the Goulding

Misses Dora, Stella and Mae Lafever visited Lue Vesta Dunn Sunday

W. M. Bray and wife spent the day with N. J. Judd and wife Sunday.

Dicey Millsaps and little sister. Johnnie, visited D. E. Lollar Sunday; wife try it. She is a frail little wom- Vallie Webb and little brother, Callie

We are having some rainy weather, Tillie Rice has returned from her You may tear apart the baby's rattle have also been telling a good many of father's where she had been for a

> The school will close at Eller's bers of people here in Birmingham Ridge Friday the 17th, with a speak-

> > Wishing the Herald readers a Merry Christmas and A Happy New Year.

MRS. FANNIE KITTRELL

On the 18th day of November, 1915, the angel of death bore away the spir-Well, here I come again after some it of our dear friend and neighbor,

Sister Kittrell was indeed a goo the kind word, lend the helping hand How are all you Tennessee people to the cause of Christ and a comfortgetting along. I would like to be in er to the sin-sick soul. She was laid

would be glad to hear from all you pathy for the children left behind, for girls. I will send a nice bracelet to some great thinker has truthfully the girl who sends me the nicest said that there was no velvet so soft present for Christmas and I will an as a mother's lap; no rose si sweet as wer all letters and cards sent me, as mother's cheek; no music so charming I am very lonesome so far from all as mother's voice. While Sister Kittrell suffered many long and weary Come on you Bangham writers and weeks before she was called away. give us the news. I sure do like to let us all be comforted with the read your letters and I would like to thought death has set her soul free be at old Bangham. I had some nice to be above the sorrows and sighs of times near there at some apple peel. this world, and to nestle in the bosom ngs. Oh you Kid, in Dry Valley, give of the love of God and be with the us the news. Don't sleep all your angels while the eternal ages roll. life. Well, I hear my girl has got What a comforting thought that safe married. Too bad, but maybe they in Jesus' arms she rests until we join won't all be when I get back some of her on that fairer shore, where we these days. Well, you people on Bear will meet our loved ones; where the Creek, aren't grapes ripe yet. I am sunshine is never dimmed; where God still looking for some. Blue eyes, let wipeth away the tears from our eyes. us hear from you again. All you sol- Let us so live that when life is over diers in other parts come on with your we may wear a sarry crown and sing the songs of God's love, around the great white throne forevermore. A precious one from us is gone; a

voice we love is still:

A vacant chair in the corner there; and a low mound out in the cold. Leaves have their time to fall: flowers their time to wither, and the stars their time to set:

But thou nath all seasons for thine own-O, Death. .

A friend and neighbor, and sister in Christ. Martha L. Cooper

Beware of Ointments for Catarrh That Contain Mercury

an mercury will surely destroy the same of and and completely derange the whole system wh entering it through the nucous surfaces. So articles should never be used except on presen-Sold by Druggists. Price, 75c. per bottle Take Hall's Family Pills for constitution